



Stocks of food are desperately low. Please support B30 Foodbank this Harvest. In the four weeks leading up to Harvest, the B30 Foodbank will feed about 1000 local people by providing food parcels for individuals and families facing hardship.



Since 2014, with your help, the B30 Foodbank:

- has fed over 100,000 local people
- about 1/3 of whom are children
- through donated food
- distributed by a team of approximately 100 volunteers
- no paid staff



SHOPPING LIST

Tinned meat/fish
Tinned veg/fruit
Cooking sauces
Coffee (small jars)
Milk (UHT or powdered)
Fruit juice (long-life/non-fridge)
Tinned pudding
Jam
Rice 500g
Baked beans

Help to cover the costs of purchasing food, storing and distribution.

<https://b30.foodbank.org.uk/give-help/donate-money/>

We are now buying most of our food from your donations.

Donate food

Deliveries of donations to B30 Foodbank Warehouse, Unit 17, Castle Road, Birmingham B30 3HZ,

Tuesday and Friday 1.00 pm to 3.30 pm or by arrangement – please ring 07985 629201

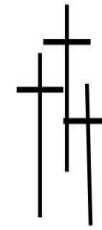
<https://b30.foodbank.org.uk/give-help/donate-food>



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Large food donations -

Tuesday and Friday 1.00pm - 3.30pm OR by arrangement by one of our vans. Please ring 07985 629201



The Cotteridge Church

An ecumenical partnership of The Methodist Church, The Church of England and The United Reformed Church

Methodist Minister: Revd Farai Mapamula

CofE Priest: Revd Tariro Mukoja

Sunday 5th OCTOBER

10 30 Harvest Festival
Revd Barbara Calvert

**Creator God,
you made the goodness of the land,
the riches of the sea
and the rhythm of the seasons;
as we thank you for the harvest,
may we cherish and respect
this planet and its peoples,
through Jesus Christ our Lord.**

Hymns 81, 123, 536, 130

Readings Luke 4 16-30

Readers Boys Brigade

Sound John T

Music Peter C

We remember our pastoral links

Monica T: with Lorna B., Gill B., John Co., Doreen H., Rachel H., and Linda and Norman M.

We pray for those who are ill or are in need

Megan, Vinnie H, Mark T, Robin, Shirley, Jenny F, , Lauren D, Keith and May K Lyn, Dorothy T, Sue S Neil W David and Marion W, Maurice W, and Cal W., Gill O., Sally, Neil H Tilly M, Norman and Philomena, Eric, Jed S, Israel S

Those whose names appear on the Prayer
Shajinde , Callum M. David S, Philipa B , Zara, William L.

We remember those who have died:
Jennifer Moore

The Calling of the Cotteridge Church is to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission.



This notice sheet is prepared by Roger to whom notices should be sent

rev.rogercollins@thecotteridgechurch.org.uk

CALENDAR

Sunday 5th OCTOBER

If you could bring a harvest gift for the food bank that would be great: Tinned meat/fish. Tinned veg./fruit, cooking sauces, coffee (small jars) milk (UHT or powdered) fruit juice(long life/non-fridge), tinned pudding, jam, rice 500gms, Baked beans

Monday 6th October

6.00 Yoga

Tuesday 7th October

10.00 Holy Communion

Rev Tariro Mujoka

2.00 Tuesday Fellowship

6.00 Datus

6.00 Rainbows Brownies Guides

Wednesday 8th October

11.00 Extended Exercise

7.00 Games Club

Thursday 9th October

10.30 Knit and Natter

11.00` Celebration of Life Jenifer Moore

7.30 Joint Church Council

Friday 10th October

9.30 Saplings

6.15 Boys Brigade

Sunday 12th October

10.30 Holy Communion

Rev'd Tariro Mujoka



Coffee Bar

Monday to Friday

8.30-2.00

Saturday 10-12.00

The Cotteridge Church

Assistant Priests

Tariro Mujoka@thecotteridgechurch.org.uk

Farai Malpamula

farai.Mapamula@methodist.org.uk

Roger Collins 07721 526 854

Church Administrator Sarah Canning

Telephone 0121 433 5518 email

administrator@thecotteridgechurch.org.

Notices

Would you like to join SPARK - our bible study and discussion group?

SPARK when we start our next session from 21st September 19.45-21.15. Over the next four months we will be following a set of Advent reflections by Cole Morton on 'the God who Welcomes Everyone'. If you would like to join or find out more, please contact Alison Sprackling

(Alison.sprackling@outlook.com) or Pam

Waddell

(Pam.waddell@thecotteridgechurch.org.uk)

Parish Giving Scheme.

The PGS website will be unavailable from 13th till 30th October. Those members who give through the scheme will be receiving letters at some stage after 16th September explaining what is happening. annual

Thursday 25th October

The Bishop Gore Lecture.at Birmingham Cathedral will be given by Dr Chris Shannahan from Coventry University and is on *Life on the Breadline: Theology, mission and the scandal of systemic poverty*

Tuesday Communion, 14th Roger 21st Farai 28th Tariro

Pastoral Links

we do need more! There will also Foundation Safeguarding training at St Andrews Cartland Road, Stirchley on Saturday 4th October at 10.00am to 12.00noon or we will arrange a separate training date at Cotteridge.

Transform trade

Christmas cards have now arrived. If you would like to see them, ask at the book centre for the catalogue

BOOK CENTRE



Honey 8.00 Marmalade 3.20 coffee 4.25



Zaytoun Olive OIL 25.50

Dates 5.99

Toilet rolls 1.05

kitchen roll 2.85

tissues 1.60



Serious Laundry 12.50

1.50 a packet



large bars 4.99 small 1.65

Fair trade Fortnight 22nd September to the 5th October



Yoga Flow Class

(for women aged 16+)



Class Details

Class time: Mondays 6-7 pm - please arrive by 5.50 pm
Place: Cotteridge Church, B30 3EL
Cost: £4 age 16-18, £6 age 19+
email: lovelytimeyogaclass@gmail.com