

Welcome to The Cotteridge Church

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Sunday 28th February 2021:

The church building is currently closed for worship.

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord.

Our calling: "The calling of The Cotteridge Church is to respond to the Gospel of God's love in Christ and to live out its discipleship in worship and mission"

Readings: Genesis 17 .1-7, 15-16

Psalm 22 .23-31 Romans 4 .13-25 Mark 8 .31-38

Bible study material, children's sheets, worship material and links etc are available at www.mjclaridge.co.uk

Prayer Column

Events this Week

Tuesday 2nd March

7:30 pm F & P (Zoom)

Wednesday 3rd March

7:30 pm Worship on Zoom

Thursday 4th March

7:30 pm Lent Course (Zoom)

Sunday 7th March

10:00 am Mike's Weekly Reflection (online)10:30 am Methodist District Worship (online)

12:00 pm Coffee (Zoom)

Notices for the Week

Women's World Day of Prayer

The service is March 5th, "Build on a Firm Foundation", looks at islands on the other side of the world called Vanuatu. The service will be held virtually with contributions from St Nicolas, Hawkesley and Immanual, Kings Norton. Hazel Nash has a few booklets if you would like one. Contact her on 0121 459 6823

Traidcraft at COTTERIDGE - The new catalogue has now arrived. the jumbo bag is in stock if you would like a copy please let ROGER OR JANE know. The next order is going to traidcraft on sunday or Monday. Please ring Jane o7800815074 or Roger on 07721 526854 to

order. Home delivery service available. **NB:** At last **Living in Love and Faith** has arrived 19.99

Praying through Change - is meeting by phone and email. The next meetings are March 9th, 23rd and 30th. All at 10.30am. Details from Linda Mann: normanmann@blueyonder.co.uk or 0121 608 2088 or Hazel Nash:

nash_hazel@hotmail.com or 0121 459 6823

A message from John Cliff

My next door neighbour passed away last week. His name is Don Hitchcock. Although he was not a member of the church he's supported B30 Food Bank since it started by entering information onto the computer. He's not been able to attend for some time because of deteriorating health. There will be several people in the church who knew him.

Lent Study Group Thursdays 7.30-8.30 on Zoom

We'll be holding a Lent Course this year. The group sessions will be on Zoom but the booklets are 'self contained' and it's possible to participate by yourself if you wish. The course book is *Holy Habits following Jesus* - Price £6.99 and available via the bookcentre. Delivery can be arranged. If you would like a copy please let Roger or Jane know.

The remaining Zoom sessions are:

March 4th (LENT 2) Jesus serving with gladness March 11th (LENT 3) Jesus sharing bread March 18th (LENT 4) Jesus praying March 25th (LENT 5) Jesus making disciples Log In details are in Mike's weekly letter or email him at mike.claridge@thecotteridgechurch.org.uk

B30 Foodbank – WEEKENDING February `20th 2021

How to get emergency food

Clients needing emergency food are referred to B30Foodbank by E-Voucher via a referral agent.

Or call CITIZENS ADVICE 08082082138 Or call BIRMINGHAM CITY COUNCIL on 0121 216 3030

Or call The Project on 0121 453 0606 Whats App 07974 106813

Distribution of food

Clients or their representatives will need to collect the parcels from B30Foodbank, Quaker Friends Meeting House 23aWatford Road B30 1JB on Tues and Fri, 1.30 - 3.30pm.

Last Week

We received in donations of 2004k and gave out 2514k, 1449k to 118 clients and 1065k to other foodbanks or similar.

Grateful thanks to those who organise street collections Featherstone Road, Franklin Road, Grove Road, Highbury Road, Northfield Road, Pineapple Road, Selly Park, Third Avenue, which totalled 515k individual donations 464k, supermarket donations 898k, and religious donations 127k

Urgently needed

Potato Smash, Porridge oats, Tinned fruit in juice (not prunes or grapefruit), Shower gell, laundry liquid or powder (not family sized), Really strong carrier bags ,Nappies size 6

Low of stock

Tinned meat (ham, corned beef, pork sandwich meat, pulled pork), Tinned fish (not tuna), Ready made custard (tinned or carton - not powder), Cereal, UHT s,emi-skimmed milk (green), UHT whole milk (blue), Instant coffee (not decaffeinated), Instant hot chocolate (made with water) Sugar 500g (not larger), Tinned spaghetti, Tinned macaroni cheese, Jam/Honey, Tinned rice pudding, Snack bars/chocolate, Crisps Packet, noodles, Nappies sizes 3-5,, brushes (single or duo packs) Toothpaste, Bar or liquid soap, Disposable razors, Sanitary pads (not tampons), Washing up liquid.

Well stocked

Tinned vegetables, Tinned tomatoes, Tinned

potato, tinned tuna, Tinned/packet soup, Baked bean, Pasta sauce, Pasta shapes and dry spaghetti, Rice, Teabags (40 or 80's), Squash, Long-life fruit juice, Biscuits, Roll-on deodorants, Toilet roll, Shaving foam, Nappies sizes 1 & 2, 7&,Pet food, Baby care items, Baby food

Not wanted at all

Decaffeinated drinks or fruits infusions Bottled water Large bottles of lemonade or coke, Any foods containing alcohol, Cooking ingredients, Fresh produce including vegetables, eggs and bread. Non-dairy items or gluten free items, Coffee beans, Large boxes of teabags (120's or larger), Very large boxes of cereal or porridge, Loose tea ,Cocoa powder ,Tampons, Make up, hair accessories, perfume or after-shave

Foodbank App. The app is updated weekly. Go to your app provider and download Foodbank Redemption Media and then open B30.

Warehousing:

Warehouse, is at 17 Castle Rd, Kings Norton Business Park, B30 3HZ. 2.00-4.00 on Tuesday and Friday.

B30 Foodbank, The Cotteridge Church, 24 Pershore Road South.

info@b30foodbank.org.uk 07582 143972 B30 Foodbank is part of the Trussell Trust's UK-wide foodbank network